

Due to the current COVID-19 pandemic, please be aware that we will be administering strict new health and safety protocols, and modifying on and off court formats and schedules. All information is subject to change due to constantly evolving CDC, national, state and local guidelines.

ADULT TENNIS PROGRAMS at Southern Trace Country Club



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HERE



SCAN ME

Tennis 201 Mondays 7–8pm, Fridays 11am–12pm

Designed for the player who is returning to the game or is a Tennis 101 graduate, this weekly clinic will give you the basic fundamentals of the game.

Pricing: \$17/player

Men's Clinic (3.0, 3.5, 4.0+) Tuesdays 6–7:30pm

This clinic focuses on the more advanced aspects of the game to improve on.

Faced paced drills with live-ball games.

Pricing: \$25/player

Liveball (2.5+) Saturdays 9–10:30am

High intensity doubles matchplay clinic, centered around live ball point play rotations and doubles strategy.

Pricing: \$25/player

Liveball (3.5+) Wednesdays 6:30–8pm, Saturdays 9–10:30am

High intensity doubles matchplay clinic, centered around live ball point play rotations and doubles strategy.

Pricing: \$25/player

Open Clinic (All Levels) Mondays/Wednesdays 9–10:30am, Thursdays 6:30–8pm

An energetic 90 minute session of drilling, strategy, and point play.

Pricing: \$25/player

Cardio Tennis Mondays 6–7pm, Fridays 10–11am, Saturdays 8–9am

Take your cardio routine out of the gym and on to the tennis court! Cardio Tennis is designed to give you a complete cardio workout.

Pricing: \$17/player

In compliance with our safe tennis protocols, clinic spots are limited and registration prior to each clinic is required. Please stop by the pro shop, call 318-798-8302 or email Matthew Coerver at m.coerver@cliffdrysdale.com or use the KOURTS App to register for your clinic.



Register on the KOURTS App!

